REACH Substance Abuse Clinic
Hillside Children’s Center

The REACH Clinic - Recovery, Empowerment, Achievement, Care, and Hope is certified by the New York State Office of Alcohol and Substance Abuse (OASAS). OASAS-certified programs use evidence-based practices that provide supportive, family friendly, and clinically appropriate prevention, treatment, and recovery services for youth and families dealing with substance use disorders.

REACH services are available at the Varick, Monroe Avenue and Finger Lakes Campuses.

ABOUT THE SERVICE

REACH services are:
- Customized to meet the needs of each youth
- Provided by our highly-trained staff
- Family-driven, youth-guided, culturally competent, and trauma-informed
- Provided in collaboration with mental health services youth currently receive

The REACH clinic helps youth:
- Learn to recognize conditions that promote substance abuse
- Acquire coping skills
- Learn to navigate and take advantage of community resources
- Participate in pro-social recreation opportunities, form healthy peer relationships, and improve family relationships
- Live well without alcohol or drugs

Our practice is informed by the Adolescent Community Reinforcement Approach (A-CRA). The A-CRA model:
- Is research-based and proven effective through independent evaluations
- Replaces the environment that supported substance use with pro-social activities and behaviors that support recovery
- Offers a wide range of therapeutic-interventions to meet each youth’s specific needs
- Welcomes parental/caregiver participation and includes sessions for youth alone, parents/caregivers alone, and adolescents with parents/caregivers

To be eligible for REACH services youth must have a substance use disorder or have been negatively impacted by the use of a family member.
CONTACT INFORMATION

Hillside Family of Agencies
585-256-7500
integrationctr@hillside.com
24 hours / day

FACILITY

Monroe
1183 Monroe Avenue, Rochester

Finger Lakes Campus
7432 County House Road, Auburn

Varick
4887 State Route 96A, Romulus

SUPPORTED BY

Program fees

ELIGIBILITY CRITERIA

Gender: Male and female

RESIDENTS OF

Albany County, Allegany County, Bronx County, Broome County, Cattaraugus County, Cayuga County, Chautauqua County, Chemung County, Chenango County, Clinton County, Columbia County, Cortland County, Delaware County, Dutchess County, Erie County, Essex County, Franklin County, Fulton County, Genesee County, Greene County, Hamilton County, Herkimer County, Jefferson County, Kings County, Lewis County, Livingston County, Madison County, Monroe County, Montgomery County, Nassau County, New York County, Niagara County, Oneida County, Onondaga County, Ontario County, Orange County, Orleans County, Oswego County, Otsego County, Putnam County, Queens County, Rensselaer County, Richmond County, Rockland County, Saratoga County, Schenectady County, Schoharie County, Schuyler County, Seneca County, St Lawrence County, Steuben County, Suffolk County, Sullivan County, Tioga County, Tompkins County, Ulster County, Warren County, Washington County, Wayne County, Westchester County, Wyoming County, Yates County

Updated on June 15, 2019