



## Intensive Family Support (IFS)

### Hillside Children's Center

Intensive Family Support (IFS) will serve Department of Human Services foster families and/or relative placements and the young people (placed in the care and custody of the County) who reside in their homes. Specifically, we will look to serve young people in their teens whose "big behaviors" have resulted in multiple disruptions from care, as well as young children whose own trauma history prevents them from successfully integrating into a foster home setting

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### ABOUT THE SERVICE

IFS will attempt to meet the following needs:

- 1) For young people to learn necessary skills to become more successful in regulating their emotions and behaviors in order to achieve and sustain permanency
- 2) For foster parents, relative resources and birth parents to strengthen their relationship and together develop the skills necessary to support the young person while in placement
- 3) For families to be linked with necessary resources so families may achieve and sustain stability and permanency for their children

We Offer: In order to achieve our goal of placement stabilization, we will offer a model of services that is youth-guided, family-driven, and trauma-informed to meet the needs of the foster families and young people. More specifically, services will be:

- Individualized in accordance with the child and family's needs;
- Flexible in terms of both intensity and duration of involvement;
- Inclusive of clinical and non-clinical interventions (i.e. skill building, trauma-informed parent education);
- Cohesive, building when possible on the individualized plan of care developed through the Child and Family Team process;
- Respectful of the family's culture and provided in a culturally and linguistically competent manner;
- Responsive, with staff on call 24 hours a day, 7 days a week

Goals/Objectives/Outcomes: Placement stabilization and improved quality of life for children in the child welfare system.

Contact Information: Michele Buono, Program Manager (585) 233-7350

## CONTACT INFORMATION

### Hillside Family of Agencies

585-256-7500

[integrationctr@hillside.com](mailto:integrationctr@hillside.com)

24 hours / day

## FACILITY

Mustard Street

1 Mustard St, Rochester

## SUPPORTED BY

*Supported by: Monroe County Department of Human Services*

## ELIGIBILITY CRITERIA

Gender: Male and female

## RESIDENTS OF

Monroe County

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Updated on June 15, 2019