



## Home and Community Based Services Waiver

### Hillside Children's Center

Home and Community-Based Services Waiver Program (HCBS) seeks to reduce the risk of psychiatric out of home placement for youth by increasing the functioning level of the youth and his/her family and by augmenting the community's ability to care for children with serious emotional disturbance through utilization of individualized care principles. For participation in HCBS, youth must be referred through local county Single Point of Access (SPOA) or in Onondaga County ACCESS. Youth can be served until age 21, however, must be enrolled prior to his/her 18th birthday.

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### ABOUT THE SERVICE

Home and Community Based Services Waiver (HCBS) is an intensive program that provides a variety of services to a child and family so that the child may remain in his or her home. Each family works with an Individual Care Coordinator (ICC) to develop a service plan based on the family's unique strengths and needs.

The ICC assists in linking the family to services, monitoring those services, and advocating for the child and family as necessary. Some of the family's needs may be met through community services such as school, recreational programs, or baby-sitting.

Also available through HCBS, the family can access the following services from their choice of providers:

- Respite care provides youth and parents or guardians with a needed break. Respite can include planned activities both in and out of the home. Emergency or planned overnight respite may also be available.
- Family support services are designed to help support the family as a unit. Families have access to support groups and one on-one parent mentors. This also includes more concrete services, such as budgeting, advocacy training, parent education, development of communication skills, and community awareness.
- Crisis response service provides centralized on-call coverage 24 hours a day, 7 days a week to assist the family through crisis situations. Crisis response services are also provided to families from other community agencies and are aimed at stabilizing occurrences of crises.
- Intensive in-home services are available to families when crisis response services are not adequate to meet the need for crisis resolution. Intensive in-home (IIH) staff come into the home and provide intensive interventions aimed at stabilizing crisis. IIH can also be used to address chronic issues that often lead to crisis: poor communication, challenging family dynamics, poor conflict resolution skills and parent-child conflicts/sibling conflicts.

- Skill-building services provide opportunities and activities designed to assist the youth in developing the skills needed to function more successfully in the community, home, and school. Vocation and social skills are examples of the areas that are addressed.

The length of service depends on the needs of the youth and a determination by local county Single Point of Access (SPOA) or in Onondaga County ACCESS that the youth meets level of care criteria. On average, a family is involved in the service for 9 months to one year. Participation is voluntary and at no cost to the family.

## CONTACT INFORMATION

### Hillside Family of Agencies

585-256-7500

[info@hillside.com](mailto:info@hillside.com)

24 hours / day

## FACILITY

Batavia  
50 Batavia City Center, Batavia

Rochester  
1 Mustard St, Rochester

Syracuse  
215 Wyoming St, Syracuse

## SUPPORTED BY

*NYS Office of Mental Health*

## ELIGIBILITY CRITERIA

Gender: Male and female  
Age Range: 5 - 21

## RESIDENTS OF

Cayuga County, Cortland County, Genesee County, Livingston County, Madison County, Monroe County, Niagara County, Onondaga County, Orleans County, Oswego County, Wayne County, Wyoming County

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