



## Family Preservation

### Hillside Children's Center

Family Preservation aims to prevent a child's placement out of the family home or ensure the successful return of a child to the family home from an out-of-home placement. Family Preservation workers help families alleviate the immediate crisis and improve family functioning so that the risk of placement or re-placement is reduced.

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### ABOUT THE SERVICE

Family Preservation (FP) is an intensive service designed to immediately assist families in crisis. The service is based on the nationally acclaimed evidence based Homebuilder Model.

Family Preservation specialists assist families in stabilizing crises and preventing family disintegration. Families are provided short-term, home-based individual and family therapy that focuses on developing coping mechanisms and practical skills. Families also work with specialists to improve communication and comprehension.

Family Preservation specialists are on call 24 hours a day, seven days a week to provide emergency assistance, and are flexible in scheduling counseling times that are convenient for the family.

Family Preservation specialists use a number of counseling and educational methods in their work with families. Participants are treated as colleagues, partnering with specialists in the development of problem-solving strategies. Throughout the course of treatment families explore such areas as: determining the events that led up to the crisis; stabilizing the home; keeping the family safe; and providing support for family members.

Through FP, families regain a sense of control, reestablish bonding, and gain empowerment. Families are taught to be assertive and act as their own advocates, as well as given tools for anger and depression management, child development, and behavior management. They are also taught how to access other community resources to ensure sustained family health.

Rochester Family Preservation Program provides service from four to six weeks with families receiving up to 6-8 hours of service each week.

Syracuse Family Preservation Program provides services for up to four months with families receiving 1 ½ to 2 hours of service each week.

Participation is voluntary and services are at no cost to the family.

## CONTACT INFORMATION

### Hillside Family of Agencies

585-256-7500

[info@hillside.com](mailto:info@hillside.com)

24 hours / day

## FACILITY

Rochester, Mustard Street  
1 Mustard St, Rochester

Syracuse  
215 Wyoming St, Syracuse

## SUPPORTED BY

*Local Counties*

## ELIGIBILITY CRITERIA

Gender: Male and female

Age Range: Birth - 17

## RESIDENTS OF

Monroe County, Onondaga County

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Updated on April 21, 2016