

# Hillside Learning Institute

## TCI (Therapeutic Crisis Intervention)

### Certification Level I

**Description:** What kind of help and how it is given make a crucial difference between the child's learning from the experience or being set back. The Therapeutic Crisis Intervention (TCI) training program for child and youth care employees presents a crisis prevention and intervention model designed to teach how to help children learn constructive ways to handle crisis. The ability of the entire organization to respond effectively to children and young people in crisis situations is critical in establishing not only a safe environment, but also one that promotes growth and development. The skills, knowledge, and professional judgment of employees in responding to crises are critical factors in helping young people learn constructive and adaptive ways to deal with frustration, failure, anger, rejection, hurt, and depression.

**Objectives:** Participants in the TCI Certification Level 1 course will be able to:

- Understand how to reduce or eliminate the need for physical intervention and to become the catalyst through which the young person changes old habits, destructive responses, and maladaptive behavior patterns.
- Prevent and de-escalate potential crises with children or young people.
- Safely and therapeutically manage crisis situations.
- Demonstrate ability to process a crisis situation with children and young people.

**Course Structure:** The course is designed as 3 full eight-hour days. There are 2 breaks and a mid-day lunch break each day (lunch is on your own). This course is only offered in a live, in-person format.

**Practical Considerations:** Pre-reading is required for this course. Participants will be required to show basic competency in the Life Space Interview Technique. Passing a written knowledge check is required.

**CEUs:** 17 Contact Hours for the following credentials are available: LMSW, LCSW, LMHC, LMFT.

**If you wish to participate in an already-scheduled course, to set up a session of this course for your organization, or if you have further questions, please contact [training@hillside.com](mailto:training@hillside.com).**