

# Hillside Learning Institute

## Stewards of Children

**Description:** Stewards of Children is a prevention training program developed by Darkness to Light (see [www.d2l.org](http://www.d2l.org)) that teaches adults how to prevent, recognize and react responsibly to child sexual abuse. It is the only nationally distributed, evidence-based program proven to increase knowledge, improve attitudes, and change child protective behaviors.

**Objectives:** Participants in the Stewards of Children course will be able to:

- Define child sexual abuse
- Explain why the three Empowerment skills (making choices, taking risk and supporting each other) are important to protecting children from sexual abuse
- Describe the “5 Steps to Protecting Our Children”

**Course Structure:** This course is designed as a 2.25 hour course. Due to the short duration, breaks are not scheduled as a part of the time of this course. This course is only offered in a live, in-person format.

**Practical Considerations:** This course is a frank discussion regarding childhood sexual abuse, which may be difficult for participants who have been impacted personally by childhood sexual abuse. We strongly encourage individuals in acute distress to seek support.

**CEUs:** None are available at this time

If you wish to participate in an already-scheduled course, to set up a session of this course for your organization, or if you have further questions, please contact [training@hillside.com](mailto:training@hillside.com).