

# Hillside Learning Institute

## Strategies for Crisis Intervention and Prevention

**Description:** OPWDD maintains a strong commitment to crisis prevention and positive behavioral support. The SCIP-R Curriculum is designed to help employees who support individuals with developmental disabilities avoid behavioral crisis situations. However, at times, it is necessary to defuse or interrupt challenging crisis behavior. This course also provides instruction on how to intervene verbally to defuse and de-escalate rising crisis, or if need be, to physically intervene to assure physical safety for all involved.

**Objectives:** Participants in the SCIP-R course will be able to:

- Discuss foundational principles that set the stage for positive behavioral support
- Identify characteristics of individuals with developmental disabilities which may contribute to challenging behavior
- Discuss how proactive, active, and reactive interventions are used to address challenging behavior and relate to the concept of the SCIP Gradient
- Identify the phases of behavior escalation and appropriate employee response
- Identify psychological & physical considerations, and early warning signs in crisis situations
- Use calming techniques & avoid escalators when responding to early warning signs of crisis
- Identify guidelines for the use of physical intervention techniques
- Demonstrate physical intervention techniques
- Perform necessary steps immediately following a physical intervention

**Course Structure:** This course is designed as three full 8-hour days. There are 2 breaks and a mid-day lunch break each day (lunch is on your own). This course is only offered in a live, in-person format.

**Practical Considerations:** Please wear attire that allows free movement and footwear that securely attaches to, and protects, the foot. Participants will be required to show physical competency in Physical Intervention Techniques. Passing a written knowledge check is required.

**CEUs:** None are available at this time

**If you wish to participate in an already-scheduled course, to set up a session of this course for your organization, or if you have further questions, please contact [training@hillside.com](mailto:training@hillside.com).**