

Hillside Learning Institute

Supporting LGBTQ Youth

Description: This training is designed to introduce participants to accurate and up-to-date information about individuals who identify as lesbian, gay, bisexual, transgender, and questioning (LGBTQ). In order to build an effective and affirming practice with LGBTQ youth, basic competency with the community, including an understanding of the full range of issues relating to sexual orientation and gender identity is imperative. This curriculum will cover the fundamental terminology, facts, and concepts that agency staff need to know to build an informed and sensitive practice.

Objectives: During Supporting LGBTQ Youth, participants will be able to:

- Identify personal beliefs, values, and assumptions in relation to people who are LGBTQ and will recognize how their interaction with these individuals affects their ability to fulfill their professional roles.
- Recognize appropriate terminology relating to the LGBTQ community, and will understand the concepts of coming out, heterosexism/homophobia, and gender identity/expression.
- Differentiate between accurate information about people who are LGBTQ and common myths/stereotypes.
- Describe how to interact with people who are LGBTQ in an affirming, welcoming manner.

Course Structure: This course is designed as a 3.5 hour session. A brief break is offered in the middle of the session. This course is only offered in a live, in-person format.

Practical Considerations: This course is not an attempt to shift personal values, but does intend to shift how people work with individuals who are at any point along the spectrums of sexual orientation and/or gender identity.

CEUs: 3.25 Contact Hours for the following credentials are available: LMSW, LCSW, LMHC, LMFT.

Questions/Scheduling: **Questions/Scheduling:** For more information on this course, please feel to reach out to training@hillside.com to ask any questions you may have.

If you wish to participate in an event already scheduled, or to set up a session of this course for your organization, please reach out to training@hillside.com.

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