



Day in the life of the: Skillbuilder

Your schedule –You will primarily work Monday through Friday in this hourly position; hours can vary depending on the case load. In this job, being flexible will be key. Skillbuilders are empowered with the task of creating their case schedules, so you need to be a self-starter, organized and competent in time management.

Your responsibilities – We depend on you to teach social skills and self-regulation strategies to our youth. You step up to this challenge by engaging and establishing mutually respectful, trusting relationships with the youth.

Skill Builders are responsible for developing these life skills by:

- teaching youth skill building and goal setting;
- collaborating with other Skillbuilders to work with youth in group settings;
- completing related documentation; and
- regularly communicating with internal Hillside employees as well as external community providers.

This is not a drill, you will be working on these skills with the youth in real world situations! You can expect to accompany youth in community locations, such as the YMCA, parks, libraries, the zoo, the mall, Barnes and Noble or other similar locations to create and work on goal setting, relationship building, stress management, and educational support.

A Skillbuilder is never bored. Your time is divided between spending face-to-face time with the youth, documentation, and administrative tasks which include travel, supervision, and team meetings. This position typically reports to the Community-Based Supervisor who provides support and guidance as needed. Hillside also has a successful model where additional support is provided through team meetings.

Your Background – You are going to be a step ahead on day one with prior work experience that included working with youth and an educational background such as Psychology, Sociology, Education or a related area of study. You have had the opportunity to demonstrate that you are highly organized, self-motivated, detail-oriented, and possess effective oral and written communication skills. Please refer to the job posting for specific educational and experience requirements.

Your Total Experience – At Hillside, nurturing employee career goals and aspirations are a top priority, it's even a part of our Shared Values! As a Skillbuilder, you could progress into a Skillbuilder III who is responsible for mentoring Skillbuilder level I's and takes on more challenging or complex case loads. Past Skillbuilders have proven that this position is excellent preparation for attaining an advanced degree in human services. Whatever your ambitions, you will feel Hillside's commitment to ongoing staff development.

The most rewarding aspects of this position are that it is highly team-oriented and that employees are empowered to have a voice. If you thrive on that type of environment then you have found a home at Hillside. Furthermore, not many careers can promise the rewards of seeing youth make progress in life and know that it was YOU who helped achieve their goals!

Hillside Family of Agencies provides individualized health, education, and human services in partnership with children, youth, adults, and their families through an integrated system of care. Our Skillbuilders are personally and professionally dedicated to this mission not only in practice but in spirit.

“The ability to build on youth’s strengths, handle crisis situations, have good coping skills, and a willingness to continue learning and accept feedback are all important for the Skillbuilder position. Employees should always understand expectations and be comfortable asking questions.”

-Skillbuilder, Syracuse