Skip Generations
Hillside Children’s Center

Skip Generations is designed to provide grandparents and other kinship caregivers who have taken primary responsibility for raising relatives with information, education, and support to strengthen them in their role as primary caregivers.

ABOUT THE SERVICE

Skip Generations program provides essential support and information to grandparents and other relatives who are the primary caregivers of children whose parents are unable to assume responsibility for them.

Skip Generations helps kinship care providers in a variety of ways, from telephone inquiries to one-on-one assistance, educational/support groups and peer mentoring home visits.

MENTORING

Our mentoring program provides an added outreach to the services offered through Skip Generations. Participants who are currently receiving services through Skip Generations have been trained in a 15-week curriculum to be mentors to other kinship caregivers in the community. The mentors provide support and information to other kinship caregivers through twice monthly visits in their homes. Through their training, the mentors learn about various resources available within the community and gain a familiarity with the qualifications, applications, and assistance available through the Department of Human Services. They are trained to recognize specific signs of mental and physical health issues and provide information and support in accessing available resources.

GROUPS

Center-based groups are offered weekly for new participants on Thursdays at 11:30 – 1:30 at the Southwest Family Resource Center. The group engages in a 12-week curriculum called “Parenting A Second Time Around.” Weekly groups are also offered as ongoing opportunities for support and information. Evidence-based curricula, such as The Incredible Years and Effective Black Parenting Program, are scheduled to enhance the parenting skills of kinship caregivers. This ongoing group meets on Tuesdays from 11:30 – 1:30 at the SWFRC.

What are the Benefits to Participants?

- The information and support to kinship caregivers in the community will alleviate isolation and decrease incidence of depression among this population.
- The group and individual support will be a source of empathy and information to empower
grandparents and kinship care providers

- Kinship caregivers’ stress will be reduced as they become more confident in their role.
- Parenting skills of participants will be strengthened.
- The ability of caregivers to advocate for the children in their care and for themselves will be enhanced.

Skip Generations is one of the programs offered within the community-based services of Family Resource Centers of Hillside. Family Resource Centers also offers Early Childhood Education and Pre-Kindergarten, Parenting Education, and Parents As Teachers home visiting programs.

For information, contact:

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Skip Generations Program
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CONTACT INFORMATION

Hillside Family of Agencies
585-256-7500
info@hillside.com
24 hours / day

FACILITY

Southwest
89 Genesee St, Rochester

SUPPORTED BY

Support for the Skip Generations Program comes from the Monroe County Office for the Aging, the NYS Children and Family Trust Fund, and private foundations and donors.

ELIGIBILITY CRITERIA

Gender: Both

RESIDENTS OF

Monroe County

Updated on April 6, 2015