



Halpern Day Treatment

Hillside Children's Center

Halpern Education Center is a day treatment program certified by both the New York State Education Department and the New York State Office of Mental Health. Located in Webster at 695 Bay Road, the program serves children in grades 6-12. Halpern serves students referred by their local Committee on Special Education who are experiencing school related and/or family related problems significant enough to disrupt their education. Halpern provides special education programming and mental health treatment in a structured, supportive therapeutic environment.

ABOUT THE SERVICE

Treatment Framework: PBIS or Positive Behavioral Interventions and Support is a school wide system of support that helps establish the context for effective and continued use of evidenced based interventions and proven instructional techniques. The system relies heavily on proactive strategies for creating a positive school environment and supporting appropriate student behavior. All students receive many interventions at the universal level with additional targeted interventions as necessary.

Academic Services: All classrooms at Halpern have 6 students, one teacher and one teaching assistant. The school is divided into two Houses, one with middle school grades 6-9 and one with high school grades 10-12. Halpern has certified music, art, and physical education teachers. Speech, Occupational, and Recreational therapy are available. In addition to core coursework students can take advantage of training in life skills, social skills, work study, vocational programming through BOCES, library, and computer lab. Behavioral support personnel are available in the school building to provide crisis counseling and encouragement to work towards academic goals.

Clinical Services: The milieu and individual treatment is guided by Dialectical Behavior Therapy (DBT) and Restorative Justice principles. A master's level clinician is assigned to 12 students and provides individual, family and group counseling. Trauma Focused Cognitive Behavioral Therapy (TF-CBT), which has been found to be successful in reducing trauma-related symptoms in adolescents, is another Evidenced Based Practice utilized at Halpern. All students receive psychiatric evaluation and ongoing monitoring by the program psychiatrist or psychiatric nurse practitioner. Medication can be prescribed if necessary and managed with the support of two full time RN nurses.

Family involvement: is crucial to the each student's as well as the overall program's success. Families are expected to attend regularly scheduled psychiatric appointments, treatment plan reviews, and committee on special education meetings. Families are strongly encouraged to take

advantage of family therapy and participate in any meetings to discuss strategies and interventions for achieving academic, social and emotional growth. Halpern staff will help with transportation and are also willing to conduct meetings in the family's home.

CONTACT INFORMATION

Hillside Family of Agencies

585-256-7500

info@hillside.com

24 hours / day

FACILITY

Halpern School
695 Bay Rd, Webster

SUPPORTED BY

*NYS Education Department
Local School Districts*

ELIGIBILITY CRITERIA

Gender: Both

RESIDENTS OF

Monroe County

Updated on April 6, 2015