



Day in the life of the: Clinician

Your schedule – Clinicians are dedicated to a youth/family-focused work schedule. This exempt, salaried position is primarily Monday through Friday, but you need to be able to maintain flexibility in your schedule to meet the needs of the youth and family. In most positions, some evening work is required. You may need to work flexible hours to help support direct care workers (Youth Care Professionals/Skillbuilders) and/or to meet with families or to attend court appearances with youth. Depending on the service, you may do most of your work in an office (e.g., Day Treatment, Residential, Outpatient) at one of our Hillside locations, or you may spend most of your time traveling in the community, delivering services primarily in families' homes. Some home visits are an expectation of nearly every clinician position.

Your responsibilities – Clinicians are committed to executing the provisions of Hillside services with excellence by:

- developing and overseeing implementation of treatment plans in partnership with the treatment team which includes the youth and family;
- running groups, and providing care management, individual counseling, and family therapy sessions.

With these responsibilities, you need to be comfortable taking on a facilitating role in the relationship with youth and families, be able to listen to the voice of the youth and family and to build on their strengths.

Because of the specialized skills of the Clinician, we may also rely on you to:

- attend court and create court recommendation letters;
- supervise family visits;
- create plans with direct care workers to work with youth on social skills;
- assist with adoption work; and
- develop safety plans
- facilitate and document treatment team meetings
- communicate regularly with funders and collateral contacts so that they are kept aware of the progress of the youth/family.

The Hillside team holds itself accountable for results; to support that, you will have *significant* documentation requirements. Your first-rate organizational and writing skills will be put to good use. Clinicians typically report into the Clinical Manager.

Your Background – Your professional expertise is built on a foundation of the educational requirements of a Masters in Social Work, Mental Health Counseling, or another related field. Internships and other experiences during graduate work related to working with at-risk youth will serve you well in this role. Please refer to the job posting for specific educational and experience requirements.

Your Total Experience – Typical career progression for Clinicians is to move to a level II and level III Clinician, and eventually a Supervisor or possibly Clinical Manager. You will be a part of an organization that respects and nurtures your professional goals – it's part of our Values!

In the process of giving your best in this position, you will soon find that you quickly start receiving the best. The rewards you get from seeing the youth and family develop more effective ways of dealing with their challenges are immeasurable. The service needs of the youth and their families can be challenging and there is a high volume of work. That's where you can shine best and be a part of the valued Hillside "A" team. If you are flexible and enjoy working in a team environment, you have found your home. Communication is key! It may take time to mold your craft, but the support network at Hillside is strong.

Hillside Family of Agencies provides individualized health, education, and human services in partnership with children, youth, adults, and their families through an integrated system of care. Our Clinicians are personally and professionally dedicated to this mission not only in practice but in spirit.

"It is inspiring to know you are playing such a big part in the youth's progression and success!"

-Clinician, Varick Campus