

Abe Rock SUMMER CAMP



SENSITIVE CARE
PROFESSIONAL SKILL

Convalescent Hospital for Children

A Community Mental Health Center for Children and their Families

The Abe Rock Summer Camp for Emotionally Disturbed Children is located on 50 acres of rolling, wooded land at the Convalescent Hospital for Children, a community mental health center for children and their families.

Camp runs from late June through August and is open to boys and girls ranging from 3 to 12 years of age whose behavior and emotional difficulties would not permit them to benefit from the usual camping situation and who can profit from an intense short-term therapeutic experience.

Camp Abe Rock provides short-term psycho-therapeutic intervention on its own and can complement other on-going treatment in which the child is involved.

The ego-building, confidence constructing nature of the camp stems from total child participation in all of his or her endeavors such as meal preparation, equipment building, planning and leadership.





Camp Abe Rock, which accommodates over 190 boys and girls, provides its own bus service each day.

Campers 6 thru 12 have a full day of activities from 9:00 a.m. to 3:00 p.m., campers 3 thru 6 begin at 9:00 a.m. and end at 2:00 p.m.

Included in this program are outings to area parks, the zoo, the airport, and other such points of interest the child might not get to visit during his normal school year. Some of the favorite outings are boat trips and picnics on the Genesee River in the center's motor boat.

The eight week program, which is held on the camp grounds, includes

- tutoring
- crafts
- archery
- swimming
- cookouts
- field trips
- music
- dramatics
- boat trips
- miniature golf
- overnight campouts
- swimming instruction
- softball
- psychotherapy





Besides the normal full-time camp staff, the center's total therapeutic team provides on-going consultation and treatment in helping to meet each child's individual needs.



Parents are expected to participate in the camp experience. The entire center's staff again works with the parents, who, beside actually taking part in some of the camp outings, also are involved in the treatment process for the eight-week period.

Like all services offered at the center, each camper's fees are determined by the parents' ability to pay. After application has been made, financial arrangements will be discussed with the parents or responsible guardian.

Applications must be submitted no later than May 30 and should be sent to:

**Director
Abe Rock Summer Camp
Convalescent Hospital for Children
2075 Scottsville Road
Rochester, New York 14623**



Accreditations

Joint Commission on Accreditation of Hospitals

American Association of Psychiatric Services for Children

*New York State Association of Mental Health Services for Children
and Youth*

National Council of Community Mental Health Centers

United Community Chest of Greater Rochester, Inc.

American Association of Children's Residential Centers

CHAMPUS

New York State Council of Voluntary Child Care Agencies

National Association of Private Psychiatric Hospitals

*The Abe Rock Summer
Camp was named for
Mr. Abe Rock who gave
unselfishly of his love
and asked nothing
in return.*



For Further Information phone or write:

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Convalescent Hospital for Children**

2075 Scottsville Road
Rochester, New York 14623

(716) 436-4442